

Obstructive Sleep Apnea Screening

PATIENTS UNDER 18 YEARS OF AGE

Full Name: _____ **DOB:** _____

Gender: Male/Female **Ethnicity:** _____

Please answer on behalf of your child for the past month. If you don't know, check "?"

Does your child have any of the following: Please check the box **Yes** **No** **?**

- A constant blocked or runny nose? Yes No ?
 - Recurrent chest infections/pneumonia? Yes No ?
 - An airway narrowing or abnormality? Yes No ?
 - A syndrome or other major health problem? Yes No ?
- Type: _____

- Does your child have large tonsils? Yes No ?
- Has your child had their adenoids or tonsils removed? Yes No ?

While sleeping, does your child.... Please check the box **Yes** **No** **?**

- Snore more than half the time? Yes No ?
- Always snore? Yes No ?
- Snore loudly? Yes No ?
- Have trouble breathing, or struggle to breathe? Yes No ?
- Have "heavy" or loud breathing? Yes No ?
- Have you ever seen your child stop breathing during the night? Yes No ?

Does your child...

- Tend to breathe through the mouth during the day? Yes No ?
- Have a dry mouth when waking up in the morning? Yes No ?
- Occasionally wet the bed? Yes No ?
- Wake up feeling unrefreshed in the morning? Yes No ?
- Have a problem with sleepiness during the day? Yes No ?
- Has a teacher commented that your child is sleepy during school? Yes No ?
- Is it hard to wake your child up in the morning? Yes No ?
- Does your child wake up with headaches in the morning? Yes No ?
- Did your child stop growing at a normal rate at any time since birth? Yes No ?
- Is your child overweight? Yes No ?

My child often.... Please check the box **Yes** **No** **?**

- Does not seem to listen when spoken to directly Yes No ?
- Has difficulty organizing task and activities Yes No ?
- Is easily distracted by extraneous stimuli Yes No ?
- Fidgets with hands or feet or squirms in seat Yes No ?
- Is 'on the go' or often acts if 'driven by a motor' Yes No ?
- Interrupts or intrudes on others (e.g butts into conversations or games) Yes No ?