

Obstructive Sleep Apnea Screening

PATIENTS UNDER 18 YEARS OF AGE

Full Name: _____ **DOB:** _____

Gender: Male/Female **Ethnicity:** _____

Please answer on behalf of your child for the past month. If you don't know, check "?"

Does your child have any of the following: Please check the box **Yes** **No** **?**

- A constant blocked or runny nose?
 - Recurrent chest infections/pneumonia?
 - An airway narrowing or abnormality?
 - A syndrome or other major health problem?
- Type: _____

- Does your child have large tonsils?
- Has your child had their adenoids or tonsils removed?

While sleeping, does your child.... Please check the box **Yes** **No** **?**

- Snore more than half the time?
- Always snore?
- Snore loudly?
- Have trouble breathing, or struggle to breathe?
- Have "heavy" or loud breathing?
- Have you ever seen your child stop breathing during the night?

Does your child...

- Tend to breathe through the mouth during the day?
- Have a dry mouth when waking up in the morning?
- Occasionally wet the bed?
- Wake up feeling unrefreshed in the morning?
- Have a problem with sleepiness during the day?
- Has a teacher commented that your child is sleepy during school?
- Is it hard to wake your child up in the morning?
- Does your child wake up with headaches in the morning?
- Did your child stop growing at a normal rate at any time since birth?
- Is your child overweight?

My child often.... Please check the box **Yes** **No** **?**

- Does not seem to listen when spoken to directly
- Has difficulty organizing task and activities
- Is easily distracted by extraneous stimuli
- Fidgets with hands or feet or squirms in seat
- Is 'on the go' or often acts if 'driven by a motor'
- Interrupts or intrudes on others (e.g butts into conversations or games)